

# 2017 Drop13 Half Marathon/5K



## Runner's Guide

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Dear Drop13 Runners,

The Drop13 is almost here and we hope you are ready to set a Personal Record or PR on this course. This course is 3000 feet of elevation decline over 13.1 Miles down Big Cottonwood Canyon across of the prettiest landscapes you will see this Spring.



We would like you to be aware of several items regarding this race:

- 1- No Dogs or pets up the canyon. This is a watershed area and dogs on the course will be removed and owner fined and disqualified. We are a pet friendly race company but we are following strict rules ourselves.
- 2- No driving up the canyon. All racers must ride the bus. Cars that are parked near the starting location will be towed at owner's expense. Last year we had around 10 park in designated race locations making it difficult to set up the starting location. If you are staying up the canyon you can walk to the start.
- 3- Race Bags. We will have race bags at packet pickup. Please use the Uhaul Trailer to toss your bags in at the starting line. Putting clothing, GPS, expensive swag, or other item on the course will most likely have your items lost. If you plan to strip your clothes on the course we strongly recommend buying a jacket from a thrift store because that is most likely where it will end up if you toss it on the course. We also ask to put it near an aid station so we can clear it easily. Do not ever put expensive items in your Race Bag. Race Bags are exposed to all racers and though they have not had stealing during a race it is never good to put a GPS watch in a bag with 1000 other bags in the back of a trailer. We do our best to help you get your gear back but we are limited. All left bags after the race will be donated to a thrift store immediately after the race.
- 4- Awards – Awards are given at the awards ceremony. If you miss the awards ceremony you can have a friend pickup your medal, however after the race we will not be mailing medals. It is labor intensive and high cost to us.
- 5- Results – Results will be put out as the racers finish via a print out. The print out will be posted every 10 to 15 minutes until the last racer finishes. Please do not

- gather around the Timers and ask your time unless you do not show up on the most recent post. We ask that you wait 10 to 15 minutes from your finish.
- 6- Timing – All timing is done via timing chips. In order to help racers have a more accurate time we will explain timing. If you do not cross the starting line your time will not be a chip start but a gun start. With 1000 racers a gun start can affect your overall time by 1 or 2 minutes or more. We are excited to start the race but please cross the starting line. Finish Line Timing is unique in that it monitors your last read on your timing chip. Once you have cleared the finish line for 10 seconds it will register and not read again. The issue is we ask that you do not stand near the finish line waiting for your friends. Often this can cause congestion at the line and also will not clear your read. Also some runners feel that timing is not recognized until you are directly over the antenna. All Antennas are hypersensitive so if you approach the antenna like some do at the start and not cross it, it does not mean you are not being read. They can read up to 20 feet from the antenna. Do not approach the antenna unless you plan to be read once the race starts.
  - 7- Course – We ask all racers to stay to the right of the yellow line on the course. Cars are driving up and down the left side of the yellow line. As we start the race many racers just run wherever and do not follow this rule. Often we will yell at you with the megaphone to move over but your play list is too loud to hear us. Staying to the right of the yellow line is for your safety and is the only thing we are permitted for. Aid stations are every 2 miles along the course. We have porta potties at the starting line and finish however we have none at the bus loading area. Do not wait on using the bathroom to the end. Though guys are flexible we ask that you do not use the trees because this is a watershed area, meaning you will be drinking what you leave on the course later. Aid stations each have porta potties, water, powerade, and mile 8 has gels.
  - 8- Early starts – We allow racers to start prior to 6AM however this is strictly reserved for those who do not think they will be able to be out of the canyon or mile 11.5 by 9AM. We will start several at 530AM however they will not qualify for age group awards.

- 9- Buses – It is our goal to get everyone up to the starting location in time to start the race. If everyone waits until the last bus to head to the start we will not start on time. This is most racers biggest frustrations with races in general. It is our goal to move 1000 people from 4AM to 5:30AM and give them time to use the bathroom. Please be patient with the process and try to be on the 4AM bus. We state the last bus leaves at 4:20AM for the Half Marathon.
- 10- No same day registration. This race has a lot of racers and will be impossible to handle same day registrations. All registrations will close at 9PM on June 23, 2017.
- 11- Can someone pickup for me? Yes but we require from the pickup person written permission like a printed email, text message, or hand written note from the person authorizing them to get it.

We hope this letter helps you understand race directing a little more and helps you help us provide a positive experience to you and other racers. This race traditionally brings in a lot of first time Half Marathoners and we felt the education would make a difference to everyone.

– On Hill Events



# Sponsors



Layton - Roy  
Ogden - Syracuse



Great Hotel within  
Walking Distance of  
Finish Area



## Aid Stations

Half Marathon Mile 2, 4, 6, 8, 10, 11.5

5K Mile 1.45 **Powerade and Water on Course for run. Gels at Mile 8**

## **Race Agenda**

**Friday June 9, 2017**

**3:00PM to 8:00PM – Packet Pickup at Wasatch Running Center – 8946 State ST Sandy Utah**

**Saturday June 10, 2017**

**4:00AM to 5:00AM – Last Chance Packet Pickup at Bus Loading Area (not finish) at Blue Cross 2890 E Cottonwood Parkway in the North East side of the parking lot.**

**4:20AM – Last Bus Leaves Blue Cross 2890 E Cottonwood Parkway. This is also the parking lot for the race. No parking at the finish line for spectators or runners but here.**

**5:30AM – (Disqualified for Age Group) slow starters can start at this time to finish in time. No racers who will finish in under 3 hours and 30 minutes can start this way.**

**5:30AM – 5K loads bus at Blue Cross 2890 E Cottonwood Parkway.**

**6:00AM – Start Half Marathon**

**7:00AM – Start 5K**

**8:30AM – Awards Ceremony Starts**

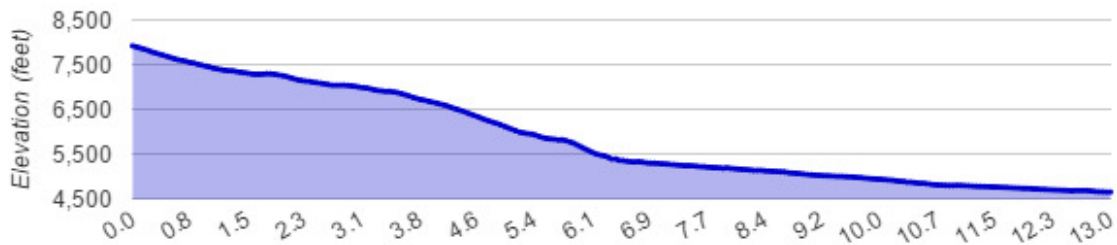
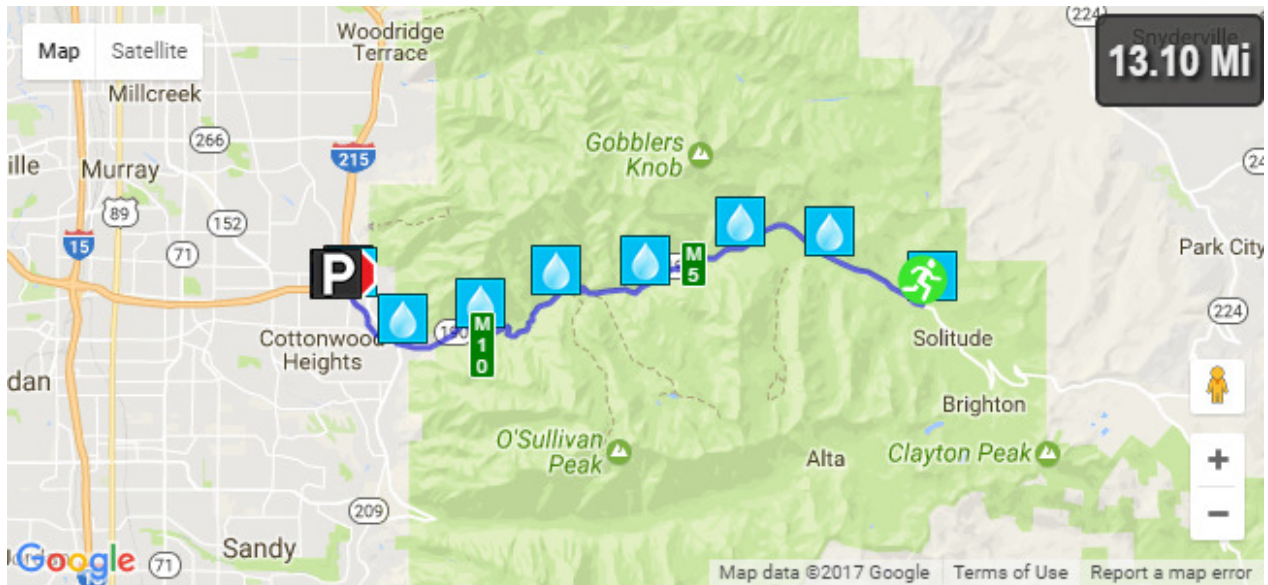
**9:00AM – Must be out of the canyon (Mile 11.5)**

**9:30AM – Start to Sweep Course**

**There will be a place to drop your bags at the starting line for the Half Marathon that will be loaded to the finish line. We strongly recommend not dropping items of high expense or value. Though we bring back all the items these items are exposed to spectators and or other runners who might mistake their item for yours or worse want to steal it. It is rare that runners do this but be safe and smart.**

## Course Map

This course is point to point with a bused out start. The Half Marathon is 100% downhill over 13.1 Miles.



The Half Marathon starts near Solitude Ski Resort and requires a bused out start unless you are staying near the start. The 5K starts 3.1 Miles up the road from the finish and requires a bused out start as well. Here is a link: <http://drop13.com/half.html>





Santa Clara/Ivins, Utah

**SUN MARATHON**

*Come to Utah's Dixie Area for the Warmth of Spring in the heart of Winter*

26.2 - 13.1 - 10K - 5K

February 3, 2018

**2017 On Hill Events Calendar**

**Abominable Run 5K - 1/7/2017 Theme Race**

**Candy Heart Run 5K - 2/11/2017 Theme Race**

**Lucky13 13.1, 10K, 5K - 3/18/2017 Theme Race**

**Legacy Duathlon - 4/8/2017 Farmington, Utah**

**Eggs Legs 5K - 4/15/2017 Theme Race**

**Fantasy Run 13.1, 10K, 5K - 5/6/2017 Theme Race**

**Mt Green Half Marathon, 10K, 5K - 5/6/2017**

**Drop13 Half Marathon, 5K - 6/10/2017**

**Provo Midnight Run 13.1, 10K, 5K - 6/23/2017**

**Legacy Midnight Run 13.1, 10K, 5K - 7/7/2017**

**Cache Valley Super Sprint Tri - 7/29/2017**

**Layton Triathlon - 8/12/2017**

**East Canyon Marathon 26.2, 13.1, 10K, 5K - 8/26/2017**

**Bear Lake Brawl Tri Sprint/Olympic - 9/9/2017**

**Bear Lake Brawl Tri Half/Full - 9/16/2017**

**Witch Run 5K - 9/30/2017 Theme Race**

**Antelope Island Marathon 26.2, 13.1, 10K, 5K - 10/14/2017**

**Powell3 Triathlon Sprint/Olympic - 10/28/2017**

**Provo Santa Run 5K - 11/17/2017 Theme Race**

**Ogden Santa Run 5K 11/25/2017 Theme Race**

**Gardner Village Santa Run 5K 12/2/2017 Theme Race**

**[www.OnHillEvents.com](http://www.OnHillEvents.com)**